KEEP A THEME LOG. BUILD A FRESH ANGLE.

Track the themes you recognise across generated quote sets. Use this after a set — alongside, not instead of, the page's theme-analysis sheet.

Date / generated-set reference _____

Practice mode _____

☐ Theme warm-up ☐ Prompt analysis ☐ Timed essay ☐ Feedback

My theme before reveal / the revealed theme

_____

_____

Theme or sub-theme I noticed	A different angle / tension to explore

Central argument and supporting ideas I tried

_____

_____

Feedback / one change for the next generated set

_____

_____

Start untimed if needed. The page's prompt-analysis drill uses five minutes to identify repeated ideas and tensions before revealing the theme. For a full practice essay, use a fresh set and write your own response.